# ADVISORY COUNCIL ON THE STATE PROGRAM FOR WELLNESS AND THE PREVENTION OF CHRONIC DISEASE DRAFT MINUTES JANUARY 29, 2016 9:00 am

Division of Public and Behavioral Health 4150 Technology Way Room 204 Carson City, NV 89706 (775) 684-4285 AT & T Conference Toll free, dial 1-877-848-7030, Conference Code: 2541093

#### **BOARD MEMBERS PRESENT**

Tracey Green, MD (Chair) Thomas McCoy, JD (Co-Chair) Virginia Beck, MA, RD Jack Kim, JD Rebecca Scherr, MD Christina Demopoulos, DDS, MPH Ben Schmauss, MPH Deborah Williams, MPA, MPH, CHES Senator Joseph P. Hardy, MD Assemblywoman Amber Joiner, MA

#### **BOARD MEMBERS NOT PRESENT**

Jeffrey Muehleisen, MA (Vice Chair) Jacque Ewing-Taylor, PhD Cassandra Cotton, BS, MPA

### **DIVISION OF PUBLIC AND BEHAVIORAL HEALTH STAFF PRESENT**

Melanie Flores, MSW, Quality Improvement Manager, Chronic Disease Prevention and Health Promotions (CDPHP), Bureau of Child, Family and Community Wellness (BCFCW) Mónica Morales, MPA, Deputy Bureau Chief, BCFCW Shannon Bennett, Policy and Health Systems Manager, CDPHP, BCFCW Vickie Ives, MA, Integrated Health Systems Manager, CDPHP, BCFCW Kimberly Fahey, Fiscal Manager, CDPHP, BCFCW John Crowley, Grants Analyst, CDPHP, CBCFCW Debra Nichole Millim, Administrative Assistant II, CDPHP, BCFCW

#### **OTHERS PRESENT**

Nicki Aaker, MSN, MPH, RN, Carson City Health and Human Services Kelly Goately-Seals, MPH, Washoe County Health District Tai Osunlalu, Washoe County Health District Mary Holsclaw, Proxy for André DeLeón, Nevada Department of Education Kathy MacAdoo, PACE Coalition Delmo Amdreozzi, Elko County Commissioner Bobbie Shanks, RN, Elko County School District Mary Headley, RN, Elko County School District

## 1. Roll Call

The meeting was called to order by Chair Dr. Tracey Green at 9:04 am. Roll call was taken, and it was determined a quorum of the Advisory Council on the State Program for Wellness and the Prevention of Chronic Disease was present, per NRS 439.518 § 2.

Pursuant to requirements of the Preventive Health and Health Services (PHHS) grant, Dr. Green was Chair for this meeting and Thomas McCoy was Co-Chair.

# 2. Vote and make recommendations to the Preventive Health and Health Services (PHHS) Block Grant Fiscal Year 2016 Work Plan

Dr. Tracey Green stated the purpose of the meeting was for the Advisory Council to vote and provide recommendations on the proposed PHHS Block Grant Work Plan for fiscal year 2016 (FY 2016). An overview of the work plan was conducted by Melanie Flores. Ms. Flores stated the PHHS Block Grant is used to support programs and projects within the state focused on population health infrastructure. PHHS Block Grant dollars provide supplemental support for categorical and state funding and are used when no other source or a very small amount of funding exists to address health concerns. Nevada has come to rely on these funds as an important source of investment for the Chronic Disease and Health Promotion and Prevention Section (CDPHP). Ms. Flores noted the Nevada Division of Public and Behavioral Health (DPBH) has not received federal allocations; therefore, this work plan proposed is based on level funding from FY 2015. Level funding is \$596,915.00 with an administrative cost of \$89,622.00 is used for high level oversight and grant management including fiscal, administrative staff time and associated operating costs. Additionally, there is a mandatory amount set aside for rape prevention totaling \$60,382. Grant allocations are based on population calculations. The project period for this work plan is October 1, 2016 to September 30, 2017. Ms. Flores commented the proposed work plan for the PHHS Block Grant was posted per open meeting law at http://dpbh.nv.gov. Ms. Flores referred the group to page two (2) of the FY 2016 PHHS Proposed Work Plan. The initiatives DPBH are proposing are the following:

**CDPHP Infrastructure and Capacity:** An initiative to build chronic disease infrastructure and capacity so Nevada will have the human resources, leadership and program capacity to implement the Nevada Chronic Disease State Plan. <u>Health Objectives and Amounts:</u> PHI-15 Health Improvement Plans - \$109,169.00

**Community Health Workers:** An initiative to promote Community Health Workers in Nevada for preventive services to improve health outcomes, provide better care and lower costs. <u>Health Objective and Amounts:</u> ECBP-10 Community-Based Primary Prevention Services - \$218,626.00

**Increase Physical Activity in Adults and Youth:** An initiative to promote physical activity among adults and youth in Nevada. Activities include developing and executing a media campaign

focusing on physical activity, worksite wellness and obesity prevention as well as increasing the number of primary prevention and education awareness materials in Nevada. <u>Health Objectives and Amounts:</u> ECB-10 Community-based Primary Prevention Services - \$106,204.00

**Raising a Healthier Generation** An initiative to increase physical activity and nutrition standards in Early Care and Education (ECE) settings as a means to decrease childhood obesity. Activities include providing training and technical assistance to these settings/providers on recommended standards and maintaining a statewide ECE group to assist with these efforts. <u>Health Objectives and Amounts:</u> NWS-10 Obesity in Children and Adolescents - \$102,535.00

**Rape Prevention:** An initiative on the prevention and education of statutory rape and sexual coercion among minor teens. Activities include maintaining a social awareness campaign on statutory rape and sexual coercion targeting men between the ages of 18-24 years old in Nevada. <u>Health Objectives and Amounts:</u> IVP-40 Sexual Violence (Rape Prevention) - \$60,382.00

The Council was directed to page five (5) of the work plan to find a summary of allocations by program and Healthy People Objective. Ms. Flores reiterated the proposed draft work plan and budget is based on level funding from FY 2015 since the Division has not officially received federal allocations. Additionally, a public hearing was conducted Friday January 22, 2016. The meeting minutes from this hearing are published at http://dpnh.nv.gov. Several community members attended this meeting. Public comments are noted in the minutes, and posted online at http://dpbh.nv.gov as exhibit two (2). Ms. Flores summarized the public comments for the Council. Elko County inquired what funds go to support infrastructure and capacity in their area and other rural areas. Kevin Dick, Washoe County District Health Officer, submitted public comment asking the Local Health Authorities (LHA) be given the opportunity to provide meaningful input on the work plan and would like DPBH to work more closely with them to establish chronic disease and wellness priorities in the State and how the PHHS Block Grant dollars should be spent. He expressed DPBH should understand and include local efforts and initiatives, and work to support and integrate those within this grant funding. Mr. Dick provided specific examples such as funds at the local level to help implement strategies identified in the CDPHP Chronic Disease State Plan such as preventive efforts concerning community-clinical linkages, heart disease and stroke prevention, diabetes prevention and control. In addition, he mentioned supporting active transportation initiatives, increasing physical activity and healthy eating among school-aged children. Dr. Joseph Iser Southern Nevada District Health Officer submitted a public comment stating he has not seen the proposed work plan and cannot support the plan.

## Discussion:

Senator Joseph Hardy asked Ms. Flores or somebody from Southern Nevada Health District (SNHD) to expand on Dr. Iser's comment. Ms. Williams commented Dr. Iser supports Mr. Dick's letter and comments concerning the work plan. Deborah Williams mentioned Dr. Iser would like to see the LHA as the extension of the State Health Department and he would like to work

with the State to develop these work plans and identify the local role. Ms. Williams emphasized the concerns about infrastructure and capacity at the local level to implement activities in the proposed work plan. Dr. Green stated Dr. Hardy had a point and referenced a personal conversation with Dr. Iser that there are three (3) areas SNHD felt they could contribute; obesity, community health workers and infrastructure building. In addition, looking at the designation of dollars might be helpful. Ben Schmauss commented if these are funds CDPHP relies on, it is an insufficent amount. Mr. Schmauss asked how DPBH develops the health objectives for the work plan. Mr. Schmauss further commented that there was an absence of heart disease in the work plan. Ms. Flores responded there was a heart and stroke component in the FY 2015 plan, but due to these activities being covered in the 1305 Centers for Disease Control and Prevention (CDC) grant, it was taken out of the proposed FY 2016 plan. Monica Morales answered CDPHP compiles feedback based on meetings organized around CDPHP Chronic Disease State Plan initiatives, assessing the data, meeting with leadership and getting feedback from the Advisory Council and task force groups. Mr. Schmauss recommended to discuss this plan in multiple meetings so the Council on the State Program Wellness and the Prevention Of Chronic Disease (CWCD) can ensure prioritization is in concert with stakeholders across the board. Mr. Schmauss further commented there was non-existent state funding for public health and zero (0) dollars or a small amount of funding for heart disease and stroke prevention efforts. Dr. Green summarized Mr. Schmauss' recommendation reiterating DPBH should engage the Council more frequently with health objective priorities while they are developing the pending year's work plan by doing so DPBH can ensure prioritization of activities and the Council can feel confident in their recommendations. Jack Kim asked whether the recommendations will be actualized by the State within implementation of the grant itself. Dr. Green clarified this Council makes recommendations only. Tom McCoy followed up on Mr. Kim and Mr. Schmauss' comments. His understanding was it is the Council's responsibility to advise staff and leadership of DPBH, but ultimately the State is the decision maker. Mr. McCoy stated Ms. Flores' budget allocations did not match what was in the FY 2016 PHHS Proposed Work Plan. Ms. Williams mentioned Ms. Flores' accidently stated numbers from the FY 2015 workplan. Ms. Flores' apologized and repeated the correct numbers proposed in the FY 2016 workplan (note the corrections were made in meeting minutes above). Ms. Morales mentioned the PHHS Block Grant is always on the CWCD agenda to discuss. Dr. Green suggested maybe it was not addressed in a formal way and recommended the PHHS Block Grant be put on the agendas in a formal manner moving forward. Ms. Morales said DPBH will make those changes.

### **Public Comment:**

Melanie Flores read a letter from Kevin Dick, District Health Officer, Washoe County Health District:

"Following the Public Hearing on the PHHS Grant, Dr. Green and the CDPHP staff have worked with Health District to include some Health District funding and alignment within the FY 2016 PHHS Block Grant. She indicated that time was short this cycle and that this was a beginning in working in a more engaged fashion with the local health authorities and consideration of funding distributions to support our work. I appreciate that this effort was made and DPBH was responsive to comments from the local health authorities.

I believe that it is important that the local health authorities are included in the PHHS Block Grant planning efforts, and that they be included for funding consideration through both the PHHS grants and the State 1305 grants. Together these grants represent nearly \$1.8 million dollars of federal funding provided to Nevada. The local health authorities should be included in planning for how these funds could be utilized and some of these funds should be provided to support local health authorities' chronic disease initiatives. This is the manner in which other CDC funds provided to Nevada support local health authority programs addressing other public health matters.

I am hopeful that the initial effort to include and provide some funding support for local health authorities within the PHHS Block Grant will grow and be expanded in the future so that the local authorities can be engaged in a more meaningful fashion in developing these plans and can be supported in delivering important services and programs in our population centers."

Mr. Andreaozzi in Elko County mentioned when he looks at the proposed work plan, he is supportive of all of the initiatives. However, when he looks at the budget, it factors out to approximately 18-cents per Nevadan. Mr. Andreaozzi stated he was glad to be at the table and was looking forward to collaborating with the rest of the health districts and the state health department. Dr. Green thanked him and mentioned the importance of the rural counties participating in this meeting.

Dr. Hardy made a motion to accept the workplan presented. Dr. Green made the recommendation DPBH engage with LHAs, community stakeholders and CWCD earlier in the planning process.

DR. TRACEY GREEN ENTERTAINED A MOTION TO APPROVE THE WORK PLAN WITH THE RECOMMENDATION TO FURTHER PLAN WITH THE STATE AND ADVISORY COUNCIL PRIOR TO THE POSTING THE ACTUAL GRANT [PHHS] TO ENSURE PRIORITIZATION BY PEOPLE AND TOPIC AND ALIGNS WITH THE BOARD MEMBERS RECOMMENDATIONS . TOM MCCOY SECONDED THE MOTION. THE MOTION PASSED UNANIMOUSLY.

Dr. Green opened it back up to public comment.

## **Public Comment:**

Mr. Andreaozzi asked to see this motion in writing. Ms. Flores commented per Open Meeting Law, CWCD meeting minutes must be posted to the public within 30-working days. In addition, Ms. Flores commented they will be sent over the Nevada Wellness listserv, <u>http://dpbh.nv.gov/Programs/CRCCP/dta/Lists/Colorectal Cancer - Listserv/</u>. Ms. Nikki Aakers stated she agrees with Mr. Dick's previous statement and looks forward to collaboration.

### 3. Vote on recommendations to include in the annual CWCD report due February 1, 2016

Dr. Tracey Green asked Melanie Flores to remind the Council what the CWCD report was. Ms. Flores reminded the Council during the January 14, 2016, CWCD meeting, the Council was to vote on a report to the Governor making specific recommendations around chronic disease in Nevada. Ms. Flores said the committee wanted to add recommendation #8 to include verbiage around needing more public health funding for chronic disease. Ben Schmauss was going to add narrative and resubmit for a Council vote. Ms. Flores proceeded to read recommendation #8:

*"Invest additional resources in programs that improve health outcomes for chronic diseases including but not limited to heart disease, stroke or asthma."* 

#### **Discussion:**

Ben Schmauss suggested a few corrections; changing the date on the front page to 2016 and changing "or" to "and/or" in recommendation #8. Deborah Williams suggested adding "diabetes". Tom McCoy suggested including "state" before resources. Dr. Green commented there is a state share. Mr. Schmauss asked if this was designated just for treatment or was it also used for prevention. Dr. Green commented it was also used for prevention per what is required through the Affordable Care Act (ACA). Dr. Green suggested at the next CWCD meeting, to request DPBH to organize a presentation from Medicaid to present this topic. Ms. Williams asked if Master Service Agreement (MSA) dollars were considered state dollars. Dr. Green asked CDPHP to organize two different presentations from both Betsy Aiello and Dena Schmidt to present on Medicaid and MSA funds. It was then suggested "local and state" be put before programs for recommendation #8.

DR. TRACEY GREEN ENTERTAINED A MOTION TO APPROVE THE CWCD REPORT TO THE GOVERNOR WITH THE FOLLOWING VERBIAGE FOR RECOMMENDATION #8: INVEST ADDITIONAL RESOURCES IN LOCAL AND STATE PROGRAMS THAT IMPROVE HEALTH OUTCOMES FOR CHRONIC DISEASES INCLUDING BUT NOT LIMITED TO HEART DISEASE, STROKE, ASTHMA AND/OR DIABETES. TOM MCCOY SECONDED THE MOTION. THE MOTION PASSED UNANIMOUSLY.

### **Public Comment:**

There was no public comment.

4. Public comment: No public comment

### 5. Adjournment

BEN SCHMAUSS ENTERTAINED A MOTION TO ADJOURN THE MEETING. VIRGINIA BECK SECONDED THE MOTION. THE MOTION PASSED UNANIMOUSLY WITHOUT PUBLIC COMMENT.

The meeting adjourned at 9:56 am.